



Happy or Excited?

Emotion Synonym Matching

Directions: Think about the different ways you can describe your emotions. Match the word from the left column to its synonym in the right column. Write the corresponding letter on the line.

1. playful _____

2. cheerful _____

3. surprised _____

4. fearful _____

5. sad _____

6. peaceful _____

7. confused _____

8. cautious _____

9. neutral _____

10. angry _____

a. calm

b. amazed

c. indifferent

d. energetic

e. careful

f. frightened

g. sorrowful

h. irritated

i. joyful

j. skeptical